



Cheese Pizza Slice

Microwave Instructions:

Microwave:

1. Vent wrapper and place item on a microwave-safe plate.
2. Cook for 1 minute and 20 seconds if frozen, or 1 minute if thawed.
3. Let stand for 1-2 minutes. Serve and enjoy!

CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), WHITE CORNMEAL, WHOLE GRAIN OAT FLOUR), WATER, YEAST, VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), CONTAINS 2% OR LESS OF: SUGAR, WHEAT GLUTEN, HYDROGENATED SOYBEAN OIL, SEA SALT, DATEM, DEXTROSE, GUAR GUM, SOY LECITHIN, SALT, NATURAL FLAVOR, ASCORBIC ACID, WHEAT STARCH, ENZYMES. TOPPING: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES). SAUCE: TOMATOES (WATER, TOMATO PASTE [NOT LESS THAN 28% SOLUBLE SOLIDS]), CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, PARMESAN CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), SUGAR, DEXTROSE, SALT, DRIED GARLIC, SPICE, DRIED ONION, DEHYDRATED ROMANO CHEESE (CULTURED PASTEURIZED SHEEP'S AND COW'S MILK, SALT, ENZYMES), PAPRIKA, CITRIC ACID. COMMON ALLERGENS PRESENT: MILK, WHEAT, SOY.



Cheese Pizza Deep-Dish

Microwave Instructions: for best results cook from frozen state: Microwave Oven: (1 portion ,unwrapped) Cook 2-3 minutes, 1100 Watts. Note: For food safety and quality, cook before eating to an internal temperature of 160 degrees F.

CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), WATER, VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), DEFATTED SOY FLOUR, YEAST, ISOLATED SOY PROTEIN, CONTAINS 2% OR LESS OF: SUGAR, SOY LECITHIN, SALT, DISTILLED MONO-GLYCERIDES, ASCORBIC ACID (DOUGH CONDITIONER). TOPPING: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES). SAUCE: TOMATOES (WATER, TOMATO PASTE [NOT LESS THAN 28% SOLUBLE SOLIDS]), MODIFIED FOOD STARCH, SUGAR, CONTAINS 2% OR LESS OF: DEXTROSE, SEA SALT, DRIED ONION, SPICE, DEHYDRATED ROMANO CHEESE (CULTURED PASTEURIZED SHEEP'S AND COW'S MILK, SALT, ENZYMES), PAPRIKA, DRIED GARLIC, CITRIC ACID. COMMON ALLERGENS PRESENT: MILK, WHEAT, SOY.



Grilled Cheese

MICROWAVE HEATING INSTRUCTIONS:

For Best Results Thaw before heating. *(Microwave ovens vary; adjust time accordingly to heat product)

From Thawed State

Open one end of the package or pierce with ½ to 1" cut
Place on microwave safe plate

Microwave 40-50 seconds; or until heated thoroughly

From Frozen State – Heat on lower setting if possible and for 60-90 seconds or until heated thoroughly.

For a more traditional crunchy Grilled Cheese, remove from package after microwaving place on pre-heated pan or griddle for 30-45 seconds on each side or until bread is crisped or brown to preference.

Whole Grain Bread: Water, Ultragrain Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), Bread Base (Sugar, Soy Oil, Dextrose, Salt, Wheat Flour, Mono & Diglycerides, Calcium Stearoyl Lactylate, Wheat Gluten, Calcium Sulfate, Diacetyl Tartaric Acid Esters of Mono & Diglycerides, Ammonium Sulfate, Ethoxylated Mono & Diglycerides, Guar Gum, Ascorbic Acid, Monocalcium Phosphate, Potassium Iodide, Enzyme, Calcium Peroxide), Sugar, Yeast, Wheat Gluten, Calcium Propionate (Preservative). Reduced Sodium, Reduced Fat American Cheese: Cultured Pasteurized Milk and Skim Milk, Milk Fat, Whey Protein Concentrate, Contains less than 2% of Salt, Sodium Citrate, Potassium Citrate, Guar Gum, Locust Bean Gum, Xanthan Gum, Lactic Acid, Sorbic Acid (Preservative), APO-Carotenol and Beta Carotene (Color-If Colored), Enzymes, Vitamin A Palmitate, Soy Lecithin and Soybean Oil Blend. Mozzarella Cheese: Pasteurized Part-Skim Milk, Cheese Cultures, Salt and Enzymes. Soybean Oil. COMMON ALLERGENS PRESENT: Wheat, Milk, Soy, Gluten



Mac and Cheese Pasta Pouches

FROM REFRIGERATED/THAWED Use refrigerated pouches within 7 days after thawing. Instructions are based on heating a single pouch. Heating times may vary based on the number of servings being heated.

Microwave Heating Instructions (from thawed): 1. If frozen, thaw pouches of pasta in the refrigerator for 24 hours. 2. Cut 1/2" slit in bag and place slit side up in microwave. 3. Heat on high power for 60 seconds. 4. Allow bag to cool, carefully remove from microwave, pour into a bowl and serve. **Stove Top Heating Instructions (from thawed):** 1. Empty thawed pasta into an 8-inch sauté pan or small pot. 2. Heat over medium/low heat for 2-3 minutes or until product reaches desired temperature. 3. Remove from heat, stir and serve.

WATER, PASTEURIZED PROCESS CHEESE (cheddar cheese [pasteurized milk, cheese culture, salt, enzymes], water, cream, sodium phosphates and potassium phosphates, seasoning [potassium chloride, flavor (contains maltodextrin)], salt, paprika extract, annatto extract), COOKED MACARONI (macaroni [whole durum wheat flour, enriched semolina (semolina, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), contains 2% or less of egg white, glycerol monostearate], water), CONTAINS LESS THAN 2% OF MODIFIED FOOD STARCH, NONFAT DRY MILK, CHEESE FLAVOR (whey, cheddar cheese [milk, cheese cultures, salt, enzymes] buttermilk solids, butter), BUTTER FLAVORING (whey solids, enzyme-modified butter [butter, buttermilk powder, enzymes], maltodextrin, salt, dehydrated butter [butter, buttermilk powder], guar gum, annatto and turmeric [for color]), SODIUM PHOSPHATES AND POTASSIUM PHOSPHATES. The Three Cheese Mac Pouch has cooked cavatappi (cavatappi (whole durum wheat flour, semolina, egg white, glycerol monostearate, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), water) PARMESAN CHEESE (cow's milk, cheese culture, salt, enzymes, calcium propionate), ROMANO CHEESE (sheep's milk, cheese culture, salt, enzymes, calcium propionate) **COMMON ALLERGENS PRESENT:** Wheat, Milk, Egg.



Bacon Cheeseburger

MICROWAVE INSTRUCTIONS:

- For best results, thaw before heating. Thaw sandwiches in refrigerator overnight. Sandwiches can be stored in refrigerator for up to 14 days. Microwave: Refrigerated sandwich: open end of wrapper. In-store microwave (1000 watt): on high for 50-70 seconds. Times given are approximate, microwaves may vary.

INGREDIENTS: FLAMEBROILED BEEF PATTY: Beef, Water, Textured Vegetable Protein (Soy Protein Concentrate, Caramel Color), Seasoning (Hydrolyze Corn Protein, Dextrose, Salt, Flavorings), Sodium Phosphates, Spice. SESAME SEED BUN: Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Enzyme), Water, Sugar, Soybean Oil, Sesame Seeds, Contains 2% or Less of Yeast (Yeast, Sorbitan Monostearate, Ascorbic Acid), Salt, Calcium Propionate (Preservative), Monoglycerides with Ascorbic Acid and Citric Acid (Antioxidants), Calcium Sulfate, Enzymes, Wheat Starch, Ascorbic Acid. PASTEURIZED PROCESS AMERICAN CHEESE: Milk, Water, Cheese Culture, Salt, Sodium Citrate, Cream, Sodium Pyrophosphate, Sodium Phosphate, Sorbic Acid (Preservative), Citric Acid, Enzymes, Color Added, Soy Lecithin. FULLY COOKED BACON (SMOKE FLAVORING ADDED): Cured With: Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite. **CONTAINS:** MILK, SOY, WHEAT



Cheeseburger Sliders

Microwave Instructions:

1. Open one end of the package.
2. Place on microwave safe plate.
3. Microwave 40 to 50 seconds or until heated through.

Whole Grain Hamburger Bun: Whole Wheat Flour, Enriched Wheat Flour (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Contains 2% or Less of Soybean Oil, Wheat Gluten, Yeast, Salt, Dough Conditions (Calcium Sulfate, Enzymes, Sodium Stearoyl Lactylate, Ascorbic Acid, Azodicarbonamide, Calcium Peroxide), Monoglycerides, Calcium Propionate (Preservative). Beef Patty: Ground Beef, Water, Textured Vegetable Protein (Soy Flour, Caramel Color), Seasoning (Salt, Garlic Powder, Onion, Powder, Spice, Sugar, Beef Flavor (Contains Beef Extract Maltodextrin, Beef stock, yeast extract, salt, lactic acid, flavor, citric acid), flavorings (Soybean Oil, Butter Flavor, Annatto & Turmeric for color), Mesquite Flavor (Maltodextrin, Natural Mesquite Smoke Flavorings) & Grill Flavor (from vegetable oil), caramel color. Reduced Sodium, Reduced Fat American Cheese: Cultured Pasteurized Milk and Skim Milk, Milk Fat, Whey Protein Concentrate, Contains less than 2% salt, sodium citrate, potassium citrate, guar gum, locust bean gum, Xanthan Gum, Lactic Acid, Sorbic Acid (Preservative), APO-Carotenal & Beta-Carotene (Color-If Colored), Enzymes, Vitamin A Palmitate, Soy Lecithin & Soybean Oil Blend. Allergen: Wheat, Soy & Milk.



Rotini With Meat Sauce Bowl

Microwave Instructions: Heating from Frozen: Microwave Oven (one bowl): 1. Place one frozen portion bowl in the microwave (do not remove the vented film). 2. Heat on high for 2 to 3 minutes, or until the product reaches the desired serving temperature based on local requirements. 3. Carefully remove the vented film top and stir prior to enjoying. Heating From refrigerated: Microwave Oven (one portion bowl): 1. Place one refrigerated portion bowl in the microwave (do not remove the vented film). 2. Heat on high for 1 to 2 minutes or until the product reaches the desired serving temperature based on local requirements. 3. Carefully remove the vented film top and stir prior to enjoying.

WATER, GROUND BEEF (no more than 20% fat), ROTINI (whole durum wheat flour, semolina, egg white, glycerol monostearate, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), TOMATO PASTE, CONTAINS LESS THAN 2% OF SUGAR, SEASONING (potassium chloride, flavor (contains maltodextrin)), SEASONING (sugar, onion, spice, garlic), SPICES, SALT, DEHYDRATED GARLIC, CITRIC ACID, DEHYDRATED PARSLEY.

COMMON ALLERGENS PRESENT: Egg, Wheat.



Macaroni and Cheese Bowl

Microwave Instructions: Heating from Frozen: Microwave Oven (one bowl): 1. Place one frozen portion bowl in the microwave (do not remove the vented film). 2. Heat on high for 2 to 3 minutes, or until the product reaches the desired serving temperature based on local requirements. 3. Carefully remove the vented film top and stir prior to enjoying. Heating From refrigerated: Microwave Oven (one portion bowl): 1. Place one refrigerated portion bowl in the microwave (do not remove the vented film). 2. Heat on high for 1 to 2 minutes or until the product reaches the desired serving temperature based on local requirements. 3. Carefully remove the vented film top and stir prior to enjoying.

WATER, PASTEURIZED PROCESS CHEESE (cheddar cheese [pasteurized milk, cheese culture, salt, enzymes], water, cream, sodium phosphates and potassium phosphates, seasoning [potassium chloride, flavor (contains maltodextrin)], salt, paprika extract, annatto extract), COOKED MACARONI (macaroni [whole durum wheat flour, enriched semolina (semolina, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), contains 2% or less of egg white, glycerol monostearate], water), CONTAINS LESS THAN 2% OF MODIFIED FOOD STARCH, NONFAT DRY MILK, CHEESE FLAVOR (whey, cheddar cheese [milk, cheese cultures, salt, enzymes] buttermilk solids, butter), BUTTER FLAVORING (whey solids, enzyme-modified butter [butter, buttermilk powder, enzymes], maltodextrin, salt, dehydrated butter [butter, buttermilk powder], guar gum, annatto and turmeric [for color]), SODIUM PHOSPHATES AND POTASSIUM PHOSPHATES. The Three Cheese Mac Pouch has cooked cavatappi (cavatappi (whole durum wheat flour, semolina, egg white, glycerol monostearate, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), water) PARMESAN CHEESE (cow's milk, cheese culture, salt, enzymes, calcium propionate), ROMANO CHEESE (sheep's milk, cheese culture, salt, enzymes, calcium propionate) COMMON ALLERGENS PRESENT: Wheat, Milk, Egg.

THAW AND SERVE INSTRUCTIONS



Smuckers Peanut Butter & Jelly Uncrustable

Thaw 60 minutes. Serve within
8-10 hours for optimal
freshness. Do not microwave.

Peanut Butter: Peanuts, Sugar, Contains 2% or Less of: Molasses, Fully Hydrogenated Vegetable Oils (Rapeseed and Soybean), Mono and Diglycerides, Salt. Bread: Unbleached Whole Wheat Flour, Enriched Unbleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Sugar, Soybean Oil, Contains 2% or Less of: Wheat Gluten, Salt, Dough Conditioners (Distilled Mono and Diglycerides, Sodium Stearoyl Lactylate, DATEM, Enzymes [with Wheat Starch, Ascorbic Acid, Calcium Peroxide]). Grape Jelly: Sugar, Grape Juice, Contains 2% or Less of: Pectin, Citric Acid, Potassium Sorbate (Preservative). **COMMON ALLERGENS PRESENT: Peanut and Wheat.**



Oven Roasted Turkey and Cheese Sandwich

Thaw and serve or heat and serve

Thaw & Serve Instructions Keep frozen until ready to thaw or reheat. Thaw & Serve: Thaw overnight in refrigerator. Sandwiches should remain refrigerated until ready to serve. For Best Quality Cooking: Keep products in oven able film, as it is not necessary to remove film before heating. Products should remain in cook-in-film until ready to eat. At Home Reheating Instructions Microwave: THAWED: Place desired number of sandwiches in film in the microwave for 1 minute on high. Remove from microwave and serve warm. FROZEN: Place desired number of sandwiches in film in the microwave for 1 minute 30 seconds on high. Remove from microwave and serve warm.

Ingredients: Oven roasted Tky & Cheese Sandwich Fz: Ingredients: Bun: Water, Whole Wheat Flour, Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Gluten, Fully Refined Soybean Oil, Yeast, Granulated Sugar, Calcium Propionate (To Retain Freshness), Salt, Dough Improver (Malted Wheat Flour, Enzymes And 2% Or Less of Ascorbic Acid), Calcium Sulfate, Enzymes, Oven Roasted Turkey Breast With White Turkey And Broth: Turkey Breast, White Turkey, Turkey Broth, Contains 2% Or Less Modified Food Starch, Potassium Chloride, Vinegar, Sodium Phosphate, Salt, Rosemary Extract, Pasteurized Process Colored Cheddar Cheese: Cultured Milk, Water, Cream, Sodium Phosphates, Salt, Sorbic Acid (Preservative), Vegetable Color (Annatto And Paprika Extract), Enzymes. Contains Milk, Wheat.

THAW AND SERVE INSTRUCTIONS



Turkey Ham and Cheese Sandwich

Thaw and serve or heat and serve

Thaw & Serve Instructions Keep frozen until ready to thaw or reheat. Thaw & Serve: Thaw overnight in refrigerator. Sandwiches should remain refrigerated until ready to serve. For Best Quality Cooking: Keep products in oven able film, as it is not necessary to remove film before heating. Products should remain in cook-in-film until ready to eat. At Home Reheating Instructions Microwave: THAWED: Place desired number of sandwiches in film in the microwave for 1 minute on high. Remove from microwave and serve warm. FROZEN: Place desired number of sandwiches in film in the microwave for 1 minute 30 seconds on high. Remove from microwave and serve warm.

Turkey Ham & Cheese Sandwich Fz: Ingredients: Bun: Water, Whole Wheat Flour, Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Gluten, Fully Refined Soybean Oil, Yeast, Granulated Sugar, Calcium Propionate (To Retain Freshness), Salt, Dough Improver (Malted Wheat Flour, Enzymes And 2% Or Less of Ascorbic Acid), Calcium Sulfate, Enzymes, Turkey Ham And Water Product 5% of Weight is Added Ingredients Cured Turkey Thigh Meat Chopped And Formed With Natural Smoke Flavoring: Turkey Thigh Meat, Contains 2% Or Less Water, Lite Salt (Potassium Chloride, Sodium Chloride), Sugar, Sodium Phosphate, Salt, Vinegar, Carrageenan, Sodium Erythorbate, Natural Smoke Flavoring, Sodium Nitrite, Pasteurized Process Colored Cheddar Cheese: Cultured Milk, Water, Cream, Sodium Phosphates, Salt, Sorbic Acid (Preservative), Vegetable Color (Annatto And Paprika Extract), Enzymes. Contains Milk, Wheat.



UBR – Ultimate Breakfast Round

Thaw and Serve

WHOLE WHEAT FLOUR, SUGAR, OATS, SOYBEAN AND PALM OILS, CINNAMON DROPS (SUGAR, PALM OIL, CINNAMON, SKIM MILK, SOY LECITHIN), CHICKORY ROOT FIBER, MOLASSES, CONTAINS LESS THAN 2% OF THE FOLLOWING: GLYCERINE (VEGETABLE BASED), LEAVENING (BAKING SODA), BROWN SUGAR, CINNAMON, MODIFIED CORNSTARCH, EGGS, RAISIN PASTE, NATURAL AND ARTIFICIAL FLAVOR, SALT, CARRAGEENAN, GUAR GUM, SOY LECITHIN, CORN SYRUP SOLIDS, EGG WHITES. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy.



Bakery Banana Bread Slice

Thaw and Serve

WATER, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), GRANULATED SUGAR, SOYBEAN OIL, BANANAS, EGG WHITES, DEFATTED SOY FLOUR, SODIUM ACID PYROPHOSPHATE, WHEAT GLUTEN, SODIUM BICARBONATE, MODIFIED CORN STARCH, MODIFIED WHEAT STARCH, DEXTROSE, MONO-AND DIGLYCERIDES, DRY HONEY SOLIDS, CORN STARCH, NATURAL FLAVOR, SALT, GUAR GUM, XANTHAN GUM, CINNAMON, WHEY. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy.

THAW AND SERVE INSTRUCTIONS



**Yeast Raised WG
Donut**

Thaw in refrigerator overnight or at room temperature same day. Serve at room temperature.

100% WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE OIL (PALM OIL AND SOYBEAN OIL WITH CITRIC ACID ADDED AS A PRESERVATIVE), SUGAR, SOYBEAN OIL. CONTAINS 2% OR LESS OF THE FOLLOWING: YEAST, CORN SYRUP SOLIDS, DEXTROSE, VITAL WHEAT GLUTEN, VEGETABLE SHORTENING (PALM OIL W/ LECITHIN), CALCIUM CARBONATE, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), DEFATTED SOY FLOUR, SWEET WHEY SOLIDS, MONO-DIGLYCERIDES, CALCIUM SULFATE, WHEAT STARCH, NATURAL & ARTIFICIAL FLAVOR, SODIUM STEAROYL LACTYLATE, ASCORBIC ACID, AMMONIUM SULFATE, GUAR GUM, XANTHAN GUM, CELLULOSE GUM, AGAR, LOCUST BEAN GUM, WHOLE EGG SOLIDS, SODIUM HEXAMETAPHOSPHATE. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy.



IW Cinnamon Bun

Thaw and Serve

WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, GRANULATED SUGAR, WATER, PALM OIL, DEFATTED SOY FLOUR, DEXTROSE, SOYBEAN OIL, NONFAT DRY MILK, SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, SALT, CINNAMON, DRY HONEY SOLIDS, SOY LECITHIN, SODIUM ALUMINUM PHOSPHATE, CORN STARCH, MONO- AND DIGLYCERIDES, GLUCONO DELTA-LACTONE, MODIFIED WHEAT STARCH, CALCIUM CARBONATE, AGAR, NATURAL FLAVOR, EGGS. COMMON ALLERGENS PRESENT: Egg, Milk, Wheat, Soy.

THAW AND SERVE INSTRUCTIONS



IW Muffin

Thaw and Serve

INGREDIENTS: Flour blend (whole grain wheat flour, enriched bleached flour [wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid]), water, sugar, egg, soybean/canola oil, blueberries, invert sugar, egg extender (wheat flour, egg yolk, egg solids, soybean oil, guar gum, soy lecithin, salt, sodium bicarbonate, annatto & turmeric oleoresin, enzymes) modified food starch, leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), natural & artificial flavors, milk whey, wheat gluten, soy flour, salt, emulsifiers (sodium stearoyl lactylate, propylene glycol monoesters, monoglycerides), soy lecithin, softener (powder fruit juice, grain dextrin, vegetable fiber) CONTAINS: WHEAT, EGG, MILK, SOY.



Benefit Bar

Thaw and Serve

WHOLE WHEAT FLOUR, SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), OATS, CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, DEXTROSE, SOY LECITHIN, VANILLA FLAVOR), EGGS, SOYBEAN OIL, INVERT SUGAR, CANOLA OIL, MOLASSES, CONTAINS 2% OR LESS OF THE FOLLOWING: WHEY, NATURAL FLAVOR, BAKING SODA, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), XANTHAN GUM, INULIN, SALT.

COMMON ALLERGENS PRESENT: EGG, MILK, WHEAT, SOY.